

THE CONFIDENT COOK

GOOD FOOD AND KITCHEN KNOW-HOW

Bourguignon,  
but hold the boeuf

Boeuf bourguignon is a classic French staple. Browned meat is cooked slowly with aromatics and lots of fine red Burgundy. It is comfort food at its best, simple to prepare and warming for both the soul and the belly. This updated vegetarian version replaces traditional beef with mushrooms. Mushrooms are often chosen as a meat substitute for their toothy quality and hearty flavors. This recipe calls for creminis (also known as baby bellas) and shiitakes, but wild mushrooms from the farmers' market would not only work well but enhance the earthy qualities of the stew. In fact, any mushroom would work; in a pinch, white button and large portobellos could also be used, but the dish would be much more subtle.

Leave the mushrooms fairly large when prepping them as they will cook down significantly, and don't be afraid

to brown them over fairly high heat. Critics of vegetarian fare often note a lack of underlying flavor depth. Here, use a combination of dried mushrooms, soy sauce, and tomato paste for a powerful umami boost. Umami is that hard-to-pin-down taste that is sometimes explained as deeply savory, succulent, or meaty. It may be hard to describe, but you'll know when it's there — or isn't.

Once the mushrooms have cooked and the red wine sauce has thickened slightly, stir in roasted pearl onions and season with salt and pepper. Serve up a plate of egg noodles and top them with the mushrooms and a sprinkling of parsley. Feel free to choose other noodles or grains as the accompaniment, but know that this recipe's yield is not designed to be served alone. And, please, don't forget the wine.

KAROLINE BOEHM GOODNICK



KAROLINE BOEHM GOODNICK FOR THE BOSTON GLOBE

Mushroom bourguignon

Serves 4

- |   |   |   |                                |
|---|---|---|--------------------------------|
| 2 | tablespoons olive oil                                     | 2 | large shallots, chopped        |
| 1 | pound cremini mushrooms, quartered                        | 1 | tablespoon chopped thyme       |
| 2 | pounds shiitake mushrooms, stems removed and sliced thick | ½ | ounce dried mushrooms, chopped |
| 2 | tablespoons butter  | 1 | tablespoon tomato paste        |
|   |   | 2 | tablespoons flour              |

- |   |                                  |
|---|----------------------------------|
| 2 | cups red wine                    |
| 2 | tablespoons red wine vinegar     |
| 2 | teaspoons soy sauce              |
| 1 | cup vegetable broth              |
| 1 | cup frozen pearl onions, thawed  |
|   | Salt and pepper, to taste        |
|   | Cooked egg noodles (for serving) |
|   | Chopped parsley (for garnish)    |

- Set the oven at 425 degrees. Have on hand a rimmed baking sheet.
- In a large flameproof casserole, heat 1 tablespoon of the olive oil over medium-high heat. Add mushrooms and cook, stirring often, for 15 minutes.
- Reduce heat to medium. Stir in butter; once it is melted, add shallots, thyme, and dried mushrooms. Cook, stirring, for 3 minutes. Stir in tomato paste and cook for 1 minute.
- Add flour and cook, stirring, for 3-5 minutes. Be sure to scrape bottom well.
- Add red wine, red wine vinegar, and soy sauce. Bring liquids to a boil. Cook for 4 minutes, stirring often. Add vegetable broth. Cook for 5-10 minutes or until the sauce has thickened slightly.
- Meanwhile, toss pearl onions with the remaining 1 tablespoon olive oil. Roast for 15 minutes or until slightly browned.
- Stir onions into sauce. Season with salt and pepper.
- Serve over egg noodles and garnish with chopped parsley. *Karoline Boehm Goodnick*

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ACTIVITIES



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THU NOV 17, 7:30pm / Sanders Theatre

SAT NOV 19, 8:00pm / Jordan Hall

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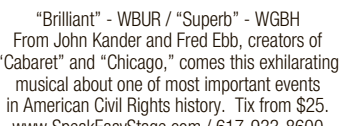
comedy.” - The Boston Globe

“THE CAST IS TOPNOTCH!” - South Shore Critic

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FINAL TWO WEEKS!

MUST CLOSE NOV. 26!

“Brilliant” - WBUR / “Superb” - WGBH

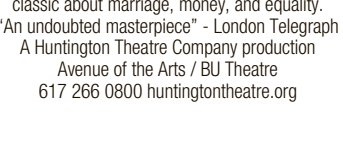
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## TV CRITIC'S CORNER

**BY MATTHEW GILBERT**

**DESIGNATED SURVIVOR** 10 p.m., ABC

**NAY:** On the one hand, “Designated Survivor” is awful.

The pilot episode was arresting and provocative, what with the State of the Union bombing that took out the American government and all. It was a killer series opening. But since then, the show has become addicted to shootings and crises and lockdown-worthy events. It's getting cartoonish.

Sure, there are enough White House walk-and-talk scenes, overdone moments of presidential nobility, and oddly awkward romantic flourishes (Kal Penn and that journalist) to evoke "The West Wing." The show makes gestures toward classiness and intelligent dialogue. And there are hints of "Homeland" afoot, as well, particularly when it comes to the business about the captured Majid Nassar, who claimed responsibility for the bombing.

But let's face it, "Designated Survivor" is acting more and more like late-era "24" with each episode, as real-time-ish events rock the White House, interrogations get ugly, and Kiefer Sutherland becomes increasingly superheroic (ditching the glasses for contacts helped). Enough with the security breaches.

I keep waiting for President Kirkman's body to fracture so that Jack Bauer can emerge and team up with Maggie Q for some enhanced interrogation and such.

**YAY:** On the other hand, “Designated Survivor” is fascinating in its timeliness, and in the way it shows a federal government being built from scratch.

Portions of the show — mostly the non-action material — often seem to have been written in direct response to the news. In last week's episode, the Florida governor would not allow Syrian refugees to deplane in his state and the president was cornered by the country's governors into a temporary ban on immigration. That plane was rerouted to (that increasingly popular place known as) Canada, leaving Kirkman's wife unhappy. The writers toyed with the currently very relevant interconnections between fear and xenophobia.

They also tried to show how an existing government might react to an unknown quantity suddenly becoming the American president. Turns out there are a lot of people, not least of all the governors, who doubt Kirkman's ability to serve and his legitimacy as president overall.

Sound familiar? On the show, the governors are conservative, and the president appears to be more liberal; but still, the scenario is compellingly pertinent. It rhymes with now.

## ASK AMY

## Family disagreement over visits

**Q.** My brother and his family (wife and two young kids) moved about three hours away. Any visit by my retired parents usually requires an overnight stay, since they are not comfortable driving long distances at night.

Staying over at his house means either sleeping on the couch or sleeping in the same room as the two young children. My parents then complain to me about the lack of sleep they get and how exhausted they are from sleep deprivation after a visit.

Lately they have been renting a hotel room when they visit, just so they can sleep in a bed. This is a burden to a couple on a fixed income. My brother and his wife also like to take some “me time” and use the grandparents as free daycare for hours (or overnight).

The situation has resulted in fewer visits to my brother's house. He complains to me that our parents, who "do nothing all day" should visit more frequently.

A road trip with two kids under 8 is challenging due to school and weekend “commitments,” and so they don’t reciprocate trips very often.

My parents are adults and can make their own decisions. However, I am annoyed with my brother. He is insensitive to the time, money, and effort it costs to visit him. I feel that not every “championship” soccer game involving a 7-year-old is worth a six-hour round trip.

Should I continue to let him bash my parents behind their back, or tell my parents about his comments?

## HAD IT SIBLING

**A.** It seems that your parents and your brother are using you as a go-between. If you don't want this role, then tell both parties to work this out themselves. And yes — if your brother is bashing your parents, then tell him to stop it.

If he asks you for guidance, then explain it to him: “The trip is expensive and tiring for them. They’re not as young as they used to be. You really need to be more grateful for their presence.”

Some grandparents interpret what you call “free daycare” as “spending time with the grandkids.” If your parents are not willing or able to take full charge of the children (it’s a big job, for sure), then they will have to tell your brother, “We love to visit and see the kids, but we want to spend time with you, too.”

**Q.** Recently you gave supportive advice to “Feeling Alone,” whose family has abandoned her.

She expressed concern that her children would miss out on knowing their grandparents. Perhaps she could contact a local senior center or her kids' school about a foster grandparent opportunity. Having another generation involved in her family's life can be valuable and helpful to her and her children.

## CONCERNED READER

**A.** Great recommendation. Thank you.

*Amy Dickinson can be reached at  
askamy@tribpub.com.*

## BIRD SIGHTINGS

*Recent bird sightings on Cape Cod (as of Nov. 8) as reported to the Massachusetts Audubon Society.*

A golden eagle was seen at various locations in Eastham, including the old driving range and Fort Hill.

Two sedge wrens continued at Fort Hill in Eastham, where the yellow rail was reported by multiple observers.

The gray kingbird in Hyannis was again reported.

High counts from Race Point in Provincetown included 7,000 Cory's shearwaters, 4,900 great shearwaters, 38 sooty shearwaters, 88 Manx shearwaters, 9,800 Northern gannets, 3 pomarine jaegers, 26 parasitic jaegers, 1 long-tailed jaeger, a thick-billed murre,

110 razorbills, 450 laughing gulls, 3 Iceland gulls, and a Northern shrike.

Other sightings around the Cape included single red crossbills in Falmouth and Provincetown, blue-headed vireos in Falmouth and Marstons Mills, 3 vesper sparrows at Cape Cod Organic Farm in Barnstable, a Western willet and an evening grosbeak in Chatham, a barn owl, a dickcissel, and a pine grosbeak at Pochet Island in Orleans, and a little gull and a black-headed gull at Head of the Meadow in Truro.

*For more information about bird sightings or to report sightings, call the Massachusetts Audubon Society at 781-259-8805 or go to [www.massaudubon.org](http://www.massaudubon.org).*

## Wednesday November 16, 2016

		7:00pm	7:30pm	8:00pm	8:30pm	9:00pm	9:30pm	10:00pm	10:30pm	11:00pm	11:30pm		
2	WGBH PBS	Greater Boston	Steves	Nature: A look at the honey badger.		NOVA (CC) HD TV-G NEW		Soundbreaking (CC) HD TV-PG NEW		Charlie Rose (CC) HD TV-G NEW			
4	WBZ CBS	Wheel NEW	Jeopardy NEW	Survivor (CC) HD TV-PG-L NEW		Criminal Minds (CC) HD TV-14-LV NEW		Code Black (CC) HD TV-14-LV NEW		News	Late Sh. NEW		
5	WCVB ABC	News (CC)	Chronicle NEW	Goldberg NEW	Speechle NEW	Modern NEW	Blackish NEW	Designated Sur. (CC) HD NEW		News (CC) HD	J Kimmel NEW		
6	WLNE ABC	Insider	In. Ed.	Goldberg	Speechle	Modern	Blackish	Design. NEW		News	J Kimmel		
7	WHDH NBC	News (CC) HD	Extra HD TV-PG	Blindspot (CC) HD TV-14-V NEW		Chicago P.D. (CC): The death of a witness. HD TV-14-DLV NEW				News (CC) HD	J Fallon NEW		
9	WMUR ABC	N.H. Ch.	In. Ed.	Goldberg	Speechle	Modern	Blackish	Design. NEW		News	J Kimmel		
10	WJAR NBC	News (CC)	Extra HD TV-PG	Blindspot (CC) HD TV-14-V NEW		Chicago P.D. (CC): The death of a witness. HD TV-14-DLV NEW				News (CC)	J Fallon NEW		
11	WENH PBS	Greater Boston	Windows to Wild	Nature: A look at the honey badger.		NOVA (CC) HD TV-G NEW		Soundbreaking (CC) HD TV-PG NEW		Charlie Rose (CC) HD TV-G NEW			
12	WPRI CBS	Wheel NEW	Jeopardy NEW	Survivor (CC) HD TV-PG-L NEW		Criminal Minds (CC) HD TV-14-LV NEW		Code Black (CC) HD TV-14-LV NEW		News	Late Sh. NEW		
25	WFXT FOX	ET/ Tonight	TMZ HD TV-PG	Lethal Weapon (CC) HD TV-14-LV NEW		Empire (CC) HD TV-14-DLSV NEW		News HD		News HD	Special Report		
27	WUNI	rosa de Guadalupe (CC) HD	Despertar contigo (CC) HD			Vino el amor (CC) HD		El color de la pasión (CC) HD		News (CC) HD	Noticiero Uni		
36	WSBE PBS	Am/Test Kitchen	Are You/ Served?	The Highwaymen: Live (CC): The Highwaymen perform. HD			Prostate health. HD TV-G	Cancer (2014) (CC):		BBC News	As Time Goes By		
38	WSBK	Big Bang Theory	Big Bang Theory	News HD		S.H.I.E.L.D. (CC) HD TV-PG-SV		S.H.I.E.L.D. (CC) HD TV-PG-V		Seinfeld TV-PG	Seinfeld TV-PG-D		
44	WGBX PBS	Ask This Old TV-G	Am/Test Kitchen	Inspector Morse: Part 1 of 2. TV-G		Marie Curie: The life of Marie Curie.		Castles/Ludwig2: A look at castles.		(11:02) PBS NewsHour (CC) HD			
50	WBIN	F. Feud	F. Feud	Fam. Guy / Fam. Guy		'Harry' Marie		News (CC)		Am. Dad	Am. Dad		
56	WLVI CW	Modern Family	Modern Family	Arrow (CC) HD TV-14-V NEW		Frequency: A cold-case victim. NEW		News (CC)		F. Feud NEW	F. Feud NEW		
64	WNAC FOX	F. Feud NEW	TMZ HD TV-PG	Lethal Weapon (CC) HD TV-14-LV NEW		Empire (CC) HD TV-14-DLSV NEW		News		(11:05) Seinfeld	Dish N. NEW		
68	WBPX ION	Law & Order: Three slain homeless men.		Law & Order (CC) HD TV-14-D		Law & Order (CC) HD TV-14-D		Law & Order (CC) HD TV-14-DL		Law & Order (CC) HD TV-14			
PREMIUM CABLE													
Cinemax	(6:15) Furious 7 (2015): Street racers face new enemy. PG-13			(8:35) Unfriended (2015) (CC)			*** Thirteen (2003) (CC): Troubled teens turn to drugs, sex and crime. HD R						
Encore	(7:05) ** Sweet Home Alabama (2002): North vs. South love triangle. HD PG-13					** Money Pit (1986): A con man sells a fixer-upper. HD PG		(10:35) *** Big (1988): A 13-year-old boy turns "big." PG					
Flix	(6:00) *** Mighty Heart (2007) HD R			** Up Close & Personal (1996) (CC): Romantic drama. HD PG-13			(10:05) *** Notting Hill (1999) (CC): Shy Brit woos U.S. movie star. HD PG-13						
HBO	(5:15) Maze/ Scorch	Vice News HD TV-14		The Divergent Series: Allegiant (2016) (CC): Tris and Four lead a journey out of Chicago. HD PG-13				Westworld: Maeve gives an ultimatum. HD TV-MA		The Fight Game NEW	Road to Kovalev TV-PG		
HBO 2	(6:05) Brooklyn (2015) HD PG-13			Insecure TV-MA	Divorce TV-MA	All Def Comedy (CC) HD TV-MA		** Balls of Fury (CC): A ping-pong player is sought. PG-13			Simmons		
Showtime	(5:35) Forsaken R			(7:15) Weiner (2016) (CC): Profiling Anthony Weiner's run for mayor of NYC in 2013. HD R			Rambo 4 (2008) (CC): Vietnam vet Rambo returns to rescue missionaries in Burma. HD R		*** Rocky Balboa (2006) (CC): The Philly boxer returns. HD PG				
Showtime 2	(6:30) *** Fast Times/High (CC) R			Bert Kreischer: Comedian Bert Kreisher. TV-MA-L			(9:15) One & Done (2016): The life of Ben Simmons. TV-14-L			(10:45) Kobe Bryant (2015) NR			
Starz!	(5:25) ** Stealth			** Let's Go to Prison: Ex-con frames judge's son. R NEW			Blunt Talk		*** The Magnif. 7 (1960) (CC): American gunmen are hired. HD TV-PG			Pride and	
TMC	(6:20) ** Life Aquatic With Steve Zissou (2004) (CC) HD R			(8:20) ** Clerks II (2006): Marriage beckons a slacker. R			Hesher (2011) (CC): A teen befriends a metalhead. HD R NEW						
SPORTS													
Comcast SportsNet	Celtics Pregame	NBA Basketball (CC): Dallas at Boston in an interconference matchup at TD Garden. Live. HD				Celtics Post.	Sports Tonight	Sports. Central	Sports Tonight				
ESPN	NBA Countdown (CC) Live. HD			NBA Basketball (CC): Golden State at Toronto. Live. HD					NBA Basketball (CC): Memphis at L.A. Clippers. Live. HD				
ESPN Classic	Top 5 Reasons		Top 5 Reasons		Classic College Basketball (CC): From 1990: Syracuse at Connecticut.			Classic College Basketball (CC): From 2009: Syracuse vs. Connecticut.					
ESPN 2	College Football (CC): Either Ball State at Toledo or Northern Illinois at Eastern Michigan. Live. HD					SportsCenter (CC) Live. HD			SportsCenter (CC) Live. HD				
Golf	School NEW			Golf (CC): Opening-round play in the Australian Open in Sydney. Live. HD									
NBCSN	NHL Live			NHL Hockey (CC): Pittsburgh at Washington. Live. HD					Overtime		Jeopardy	Jeopardy	
NESN	Dining			To Be Announced		Poker NEW		Sports	Sports	Sports	Sports		
FAMILY													
Cartoon	We Bare	Steven	Steven	Gumball	King/Hill	Cl/Show	Am. Dad	Burgers	Fam. Guy	Fam. Guy			
Disney	Bolt (2008) (CC): Canine TV star is abandoned in New York City. HD TV-PG				Stuck/ Middle	Liv and Maddie	Lodge HD TV-G	Bizaard.	Walk the Prank	K.C. Un.			
Freeform	(5:40) ** Bring It On (2000) (CC) HD			(7:50) The Hunger Games (2012) (CC): A 16-year-old girl competes in a vicious televised tournament. HD								The 700 Club (CC) HD TV-G	
Nickelodeon Noggin	Paradise Shimmer	Henry Danger TV-G		All In	F. House	F. House	F. House	F. House	F. House	Friends	Friends		
	Shimmer	Shimmer		Peppa	Peppa	Peppa	Peppa	Paw P.	Paw P.	Biaze	Umizoom		

**Content Ratings:** **TV-Y** Appropriate for all children; **TV-Y7** For children age 7 and older; **TV-G** General audience; **TV-PG** Parental guidance suggested; **TV-14** May be unsuitable for children under 14; **TV-MA** Mature audience only **Additional symbols:** **D** Suggestive dialogue; **FV** Fantasy violence; **L** Strong language; **S** Sexual activity; **V** Violence; **HD** High-Definition; **(CC)** Close-Captioned

	7:00pm	7:30pm	8:00pm	8:30pm	9:00pm	9:30pm	10:00pm	10:30pm	11:00pm	11:30pm	
BASIC CABLE											
A&E	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Going Wild NEW	Wahlburg	Wahlburg	Duck Dynasty	Duck Dynasty	
AMC	(5:30) <b>Predators</b> (2010) (CC) <b>HD</b>		★★★ <b>Batman Begins</b> (2005) (CC): Batman's genesis is detailed as an industrial hero becomes a caped crusader. <b>HD</b>					Day the Earth: Alien lands on Earth.			
Animal Planet	My Cat From Hell (CC) <b>HD</b> TV-PG		My Cat From Hell: A cat attacks others.		My Cat From Hell (CC) <b>HD</b> TV-PG		My Cat From Hell (CC) <b>HD</b> TV-PG		My Cat From Hell (CC) <b>HD</b> TV-PG		
BBC America	<b>Bourne Supremacy</b>		<b>Undercover NEW</b>		<b>Undercover NEW</b>		<b>Undercover NEW</b>		<b>Bourne Supremacy</b>		
BET	Meet the Browns	Meet the Browns	(7:55) <b>BET Presents An Obama HD</b>		<b>Love &amp; Happiness:</b>		★ <b>Are We There Yet?</b> (2005) (CC): A man takes a road trip. <b>HD</b> TV-PG				
Bravo	Housewives/Atl. (CC) <b>HD</b> TV-14		Housewives/Atl. (CC) <b>HD</b> TV-14		Don't Be Tardy...	Don't Be Tardy...	Tardy NEW	Don't Be Tardy...	Watch NEW	Don't Be Tardy...	
CMT	Last Man	Last Man	★ <b>Gone in 60 Sec.</b> (2000): Exploits of an ace carjacker. TV-14-LV					Steve Austin			
CNN	OutFront <b>HD</b> NEW		Anderson Cooper		Anderson Cooper		CNN Tonight Live.		CNN Tonight Live.		
Comedy Central	South Park	South Park	South Park	South Park	South Park	South Park	South Pk NEW	Chamber.	Daily NEW	midnight NEW	
CSPAN	US House of Representatives Live.				Politics and Public Policy Today						
CSPAN 2	US Senate Live.		Public Affairs Events								
Dest. America	<b>Shooting Bigfoot</b>		<b>Killing Bigfoot</b>		<b>Bigfoot/New</b> (CC) <b>HD</b> TV-14-V					<b>Killing Bigfoot</b>	
Discovery	Bush People TV-PG		Alaskan Bush		Alaskan Bush NEW		<b>Treasure Quest:</b>		(11:01) <b>Bush People</b>		
DIY	Barnwood TV-G		Restorin' Restorin'		Restorin' Restorin'		Restorin' Restorin'		Restorin' Restorin'		
E!	E! News NEW		Total Divas NEW		Catching Kelce (CC) <b>HD</b> TV-14 NEW		E! News NEW				
Esquire	MacGyver TV-PG		Parks	Parks	Parks	Parks	Parks	Parks	Dirty/Scoundrl.		
Fit & Health	Diagnosis TV-PG		Diagnosis TV-PG		Diagnosis NEW		Diagnosis NEW		Diagnosis TV-PG		
Food	Baking Champ. (CC) <b>HD</b>		Baking Champ. (CC) <b>HD</b>		W. Cooks NEW	Baking Champ. (CC) <b>HD</b>		Clash of the Grandmas <b>HD</b> TV-G		Beat Bob	
Fox Movies	(6:00) <b>Taken 2</b>		<b>Jack Reacher</b> (2012)			(CC) TV-14-DLSV			(10:41) ★★ XXX TV-14-LSV		
Fox News	Record NEW		O'Reilly NEW		Kelly File <b>HD</b> NEW		Hannity <b>HD</b> NEW		O'Reilly Factor <b>HD</b>		
FUSE	Fluffy	Clash	Clash	Clash	Clash	Clash	Clash	Clash	Clash	Fluffy	
FX	J. Ryan	Guardian	Galaxy: Cosmic outlaws face a villain.				AHS: 6 NEW		AHS: 6 <b>HD</b> TV-MA		
Hallmark	Xmas/Cartwright		Christmas Inc.: A woman gets a job. TV-G				Mistletoe Promise (2016) (CC) <b>HD</b> TV-G				
Home & Garden	Property Bros (CC): A nurse and doctor.		Property Brothers (CC) <b>HD</b> TV-G		Property Bros (CC) <b>HD</b> TV-G NEW		House H. House NEW		Property Brothers (CC) <b>HD</b> TV-G		
History	American Pickers (CC) <b>HD</b> TV-PG		Amer. Pickers: Two brothers negotiate.		American (CC) <b>HD</b> TV-PG NEW		Amer. Pickers (CC): A 1929 Roadster.		(11:03) <b>American Pickers:</b> Rare toys.		
HLN	Forensic	Forensic	Justice NEW		Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	
HSN	Clever Carriage		DesignerGallery		DesignerGallery		Beauty Gifts		Beauty Gifts		
ID	Homicide Hunter (CC) <b>HD</b> TV-14-LV		Homicide Hunter (CC) <b>HD</b> TV-14-LV		Grave Secrets <b>HD</b> TV-14-DLV NEW		Homicide Hunter <b>HD</b> TV-14-LV NEW		Homicide Hunter (CC) <b>HD</b> TV-14-LV		
IFC	Scary Movie 2	The World's End (2013) (CC): A apocalyptic for five old friends.			pub crawl turns <b>HD</b> TV-MA-LV		Stan NEW	Stan NEW	★ Scary Movie 2 (2001) TV-MA-LSV		
Lifetime	Little Women		LittleW. NEW		LittleW. NEW		Little Women NEW		Little Women		
LMN	(6:00) <b>Girl He Met</b>		Bride He Bought (2015) (CC) <b>HD</b> TV-14-LV			Wife/Online (2012) (CC) <b>HD</b> TV-PG-V					
MSNBC	Hardball <b>HD</b> NEW		All in/Hayes NEW		Maddow NEW		Last Word NEW		11th Hr	Hardball	
MTV	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Real World NEW		R/World	Sweet	
National Geographic	Life and Death Row (CC) <b>HD</b>		Life and Death Row (CC) <b>HD</b>		Border Wars (CC) <b>HD</b> TV-14 NEW		Years/Living (CC) <b>HD</b> TV-14 NEW		Years/Living: A look at climate refugees.		
NatGeoWild	Built for/Kill TV-G		An Animal Vaca.		Amazing Animal		Science	Science	An Animal Vaca.		
NECN	News	The Take	News	Business	(8:59) News (CC)		News (CC)	News (CC)	News (CC)		
Ovation	Groundgh ★★ <b>Three Musk.</b> (1993): Dumas' classic tale. TV-PG		King Arthur: Historical tale of the king.								
OWN	Queen Sugar (CC) <b>HD</b> TV-14-L		Queen Sugar (CC) <b>HD</b> TV-14-L		Queen Sugar (CC) <b>HD</b> TV-14-DL		Queen Sugar (CC) <b>HD</b> TV-14 NEW		Queen Sugar (CC) <b>HD</b> TV-14-L		
Oxygen	Legally2	(7:20) ★★	Legally Blonde (2001) TV-PG			(9:25) ★★	Legally Blonde (2001) TV-PG		Legally2		
QVC	In the Kitchen With David - PM Edition (CC) Live. <b>HD</b>						The Shop (CC) Live. <b>HD</b>				
Science	Outrageous Acts		Outrageous Acts		Outrag. NEW		TBA	Death	Outrageous Acts		
Spike	(6:00) ★★ <b>The Mummy Returns</b> TV-14-V				Lip Sync	Lip Sync	Awkward NEW		Awkward Game		
Sundance	Jerry Maguire	★★ <b>The Pursuit of Happyness</b> (2006) (CC): A man tries to raise his son after they are evicted. TV-14-L						Rectify: Daniel gets a respite. NEW		(11:02) Benjamin Button TV-PG-DLS	
Syfy	The Core		2012 (2009) (CC) <b>HD</b> TV-14								
TBS	Seinfeld	Seinfeld	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Conan NEW		
TCM	Slipper & Rose		★★★ <b>The Endless Summer</b> (1966) TV-PG				(9:45) <b>Hoop Dreams</b>		(1994): Documentary.		
TLC	Toddlers & Tiaras		Toddlers NEW		Toddlers NEW		Baby Bodybuilders		Toddlers & Tiaras		
TNT	Bones TV-14-DLSV		Great Gatsby (2013): A millionaire throws parties. TV-PG-DLSV						Good Behavior		
Travel	Expedition Unk.		Expedition Unk.		Expedit. NEW		Everest Air NEW		Expedition Unk.		
TruTV	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Glaser	Late N.	Jokers	Jokers	
TV Land	Griffith	Griffith	Griffith	Raymond	Raymond	Raymond	Younger	Impastor	King/Qu.	King/Qu.	
TV One	Unsung Hwood (CC)		Unsung NEW		Unsung Hwood (CC)		Unsung Hwood (CC)		Unsung Hwood (CC)		
USA	NCIS <b>HD</b> TV-PG		NCIS (CC) <b>HD</b> TV-14		NCIS (CC) <b>HD</b> TV-14		NCIS (CC) <b>HD</b> TV-14		Modern	Modern	
VH-1	The Proposal: A woman fears deportation. TV-PG-L					★★★ <b>Speed:</b> A cop battles a bomber. TV-14-LV					
WAM WE	Flint.	(7:41) <b>Popeye:</b> The spinach-eating sailor.				(9:36) ★★	Mousehunt (1997) <b>HD</b>		Summer		
WE	CSI: Miami TV-14		CSI: Miami TV-14		CSI: Miami		CSI: Miami		CSI: Miami TV-14		