

THE CONFIDENT COOK
GOOD FOOD AND KITCHEN KNOW-HOW

Bourguignon, but hold the boeuf

Boeuf bourguignon is a classic French staple. Browned meat is cooked slowly with aromatics and lots of fine red Burgundy. It is comfort food at its best, simple to prepare and warming for both the soul and the belly. This updated vegetarian version replaces traditional beef with mushrooms. Mushrooms are often chosen as a meat substitute for their toothy quality and hearty flavors. This recipe calls for creminis (also known as baby bellas) and shiitakes, but wild mushrooms from the farmers' market would not only work well but enhance the earthy qualities of the stew. In fact, any mushroom would work; in a pinch, white button and large portobellos could also be used, but the dish would be much more subtle.

Leave the mushrooms fairly large when prepping them as they will cook down significantly, and don't be afraid

to brown them over fairly high heat. Critics of vegetarian fare often note a lack of underlying flavor depth. Here, use a combination of dried mushrooms, soy sauce, and tomato paste for a powerful umami boost. Umami is that hard-to-pin-down taste that is sometimes explained as deeply savory, succulent, or meaty. It may be hard to describe, but you'll know when it's there — or isn't.

Once the mushrooms have cooked and the red wine sauce has thickened slightly, stir in roasted pearl onions and season with salt and pepper. Serve up a plate of egg noodles and top them with the mushrooms and a sprinkling of parsley. Feel free to choose other noodles or grains as the accompaniment, but know that this recipe's yield is not designed to be served alone. And, please, don't forget the wine.

KAROLINE BOEHM GOODNICK



KAROLINE BOEHM GOODNICK FOR THE BOSTON GLOBE

Mushroom bourguignon

Serves 4

- | | |
|---|----------------------------------|
| 2 tablespoons olive oil | 2 large shallots, chopped |
| 1 pound cremini mushrooms, quartered | 1 tablespoon chopped thyme |
| 2 pounds shiitake mushrooms, stems removed and sliced thick | ½ ounce dried mushrooms, chopped |
| 2 tablespoons butter | 1 tablespoon tomato paste |
| | 2 tablespoons flour |

- 2 cups red wine
- 2 tablespoons red wine vinegar
- 2 teaspoons soy sauce
- 1 cup vegetable broth
- 1 cup frozen pearl onions, thawed
- Salt and pepper, to taste
- Cooked egg noodles (for serving)
- Chopped parsley (for garnish)

- Set the oven at 425 degrees. Have on hand a rimmed baking sheet.
- In a large flameproof casserole, heat 1 tablespoon of the olive oil over medium-high heat. Add mushrooms and cook, stirring often, for 15 minutes.
- Reduce heat to medium. Stir in butter; once it is melted, add shallots, thyme, and dried mushrooms. Cook, stirring, for 3 minutes. Stir in tomato paste and cook for 1 minute.
- Add flour and cook, stirring, for 3-5 minutes. Be sure to scrape bottom well.
- Add red wine, red wine vinegar, and soy sauce. Bring liquids to a boil. Cook for 4 minutes, stirring often. Add vegetable broth. Cook for 5-10 minutes or until the sauce has thickened slightly.
- Meanwhile, toss pearl onions with the remaining 1 tablespoon olive oil. Roast for 15 minutes or until slightly browned.
- Stir onions into sauce. Season with salt and pepper.
- Serve over egg noodles and garnish with chopped parsley. *Karoline Boehm Goodnick*

Ticket To The Arts

ACTIVITIES



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paradisecityarts.com

BOSTON HOME DÉCOR SHOW

ONE STUNNING WEEKEND! NOVEMBER 17-20, 2016
A new show & sale from the producers of Boston Design Week, featuring an array of furnishings, decorative and fine arts, interior design resources and services, & internationally known speakers. Thurs. Eve. Gala benefit for DIFFA and CRI. WEEKEND: Fri 1-8, Sat 11-8, Sun 11-5. Tix \$15 under 12 free. \$5 OFF WITH THIS AD or FREE with Sat/Sun brunch at The Beehive. Valet & discount parking. Cafe at the show. At BCA Cyclorama, 539 Tremont St., South End
www.BostonHomeDecorShow.com

BRICKBOTTOM OPEN STUDIOS

Over 100 artists open their studios, showing and selling work in a wide variety of media and formats. Many artists demonstrate their working techniques. Free admission and parking. Near Union Sq. & Lechmere T. Bike friendly. Info. at brickbottom.com. Nov. 19-20, 12-6 p.m.

OPERA



GREEK NOV 16-20 EMERSON/PARAMOUNT
Music by Mark-Anthony Turnage.
Hailed as a cult classic, Greek is a political retelling of Sophocles' tragedy, Oedipus the King. Set in London's East End during the tumultuous 1980s with music influences that range from jazz to daring percussion to sounds of the streets, Greek is an aggressive, defiant and profane detonation of a story millennia old.
This Opera Annex production features award-winning baritone Marcus Farnsworth, and a cast of four singers who inhabit 11 characters at a breakneck pace.



THANKSGIVING WEEKEND NOV 26 & 27 IN BOSTON
The GRAMMY-winning BEMF Chamber Opera Series presents a magnificent production with music by Lully, Charpentier, and Lalande. Sat, Nov 26 at 8pm | Sun, Nov 27 at 3pm
NEC's Jordan Hall in Boston
\$25-\$125 | 617-661-1812 | www.BEMF.org

MUSIC



ELOQUENCE IN BRASS DAVID CARRIER, CONDUCTOR
Concert with chorus, brass ensemble and organ
Messe en l'honneur du Saint-Sacrement - Joseph Jongen
Nocturnes - Patricia Van Ness
Christmas Cantata - Daniel Pinkham
Heinrich Christensen, organ soloist
Concert talk by Patricia Van Ness
Saturday, November 19, 2016 at 8:00 p.m.
Church of the Holy Name
1689 Centre Street, West Roxbury, MA
Tickets: \$30/25 for seniors and students
www.commonwealthchorale.com

MUSIC



DEC. 16 & 17 (FRI. & SAT.) THREE PERFORMANCES
Friday and Saturday evenings (8 PM) plus a Saturday Matinee (2:30 PM).
"Christmas in 15th-century France & Burgundy" offers a captivating mix of mysticism and merriment, with music by the greatest French and Flemish musicians of the fifteenth century—Guillaume Du Fay, Johannes Regis, Josquin Desprez, Jacob Obrecht, Antoine Brumel, and others. Directed by Scott Metcalfe.
First Church in Cambridge, Cong.
11 Garden St., Harvard Square
Tickets: blueheron.org or call (617) 960-7956



"PUER NATUS EST" A CECILIA CHRISTMAS
Music director Nicholas White leads Chorus of The Boston Cecilia in works by Britten, Poulenc, Nicholas White, Franz Biebl, and Dan Rohlh, along with carols old and new for organ, chorus and audience.
With Barbara Bruns, organ; Erica Driscoll, harp.
FRI. 12/2, 8pm Church of the Advent Boston
SUN. 12/4, 3pm All Saints Parish Brookline
Tickets: \$15-\$62 @ 617-232-4540
Online: www.bostoncecilia.org
(Student & senior discount available)



MAHLER & MAHLER SONG & SYMPHONY
Saturday, November 19 at 8pm
Sunday, November 20 at 3pm
New Phil begins the season with an early Thanksgiving feast - two ravishing orchestral works by Gustav Mahler -
Songs of a Wayfarer & Symphony No. 1 led by Francisco Noya, Music Director and featuring Joanna Porackova, mezzo-soprano
First Baptist Church in Newton (T accessible)
848 Beacon St, Newton Centre
\$34 - \$48 (plus discounts for Seniors/Students)
www.newphil.org | 617.527.9717



THIS WEEK: ENTER TO WIN TWO TICKETS!
Details at salutetovienna.com/contest

Welcome 2017 with this dazzling concert of Strauss waltzes and operetta arias with European singers, ballet, ballroom dancers, and the Strauss Symphony of America.

DEC 29 • 8 PM, SYMPHONY HALL
salutetovienna.com/boston

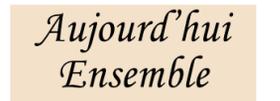


DEBUSSY / DUTILLEUX / WALTON / ELGAR
Benjamin Zander conducts the BPO and super-star cellist Zuill Bailey
Debussy: Prélude à l'après-midi d'un faune
Dutilleux: Tout un monde lointain...
Walton: Scapino Overture
Elgar: Enigma Variations
THU NOV 17, 7:30pm / Sanders Theatre
SAT NOV 19, 8:00pm / Jordan Hall
Conductor's Talk 6:45
SUN NOV 20, 3:00pm / Sanders Theatre
Conductor's Talk 1:45
Tickets: 617 236-0999 / bostonphil.org

MUSIC



MUSIC OF THE SPHERES: ARVO PART, TAVENER, CESIS
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Sat, 11/19, 8pm, Emmanuel Church, Boston
Sun, 11/20, 4pm, Eliot Church, Newton
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www.clausura.org/



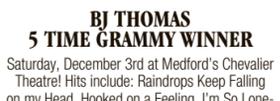
MUSIC FOR SOPRANO, FLUTE, OBOE, BASSOON, PIANO
Music by Mozart, Bach, Handel, Scarlatti, Canteloube, Caplet, Gaubert
SAT., NOV. 19 - 8 pm - St. John's Church, Jamaica Plain * \$10 (\$5 seniors/students)
www.theopentheatre.com/jp-concerts



ALL-SCHUBERT PIANIST DAVID DEVEAU
Solo recital by the renowned pianist!
Impromptu in A-flat; Sonata in A; Impromptu in G-flat; Sonata in B-flat
Saturday, November 19 at 8 pm, Tix \$32
Kalliroscope Gallery, Groton, MA
978-486-9524 x116 www.indianhillmusic.org



BACH: MASS IN B MINOR FRI | NOV 18 | 8PM
The legendary Ton Koopman leads the gifted musicians of Juillard415 and the Royal Conservatoire of the Hague.
Fri, Nov 18 at 8pm | Tix: \$25-\$75
St. Paul Church, Harvard Square, Cambridge
ORDER TODAY! 617-661-1812 | www.BEMF.org



Saturday, December 3rd at Medford's Chevalier Theatre! Hits include: Raindrops Keep Falling on my Head, Hooked on a Feeling, I'm So Lonesome, Somebody Done Somebody Wrong Song, Just Can't Help Believing + Christmas songs!
www.ChevalierTheatre.com

THEATER



THREE WEEKS ONLY! NOVEMBER 1 - NOVEMBER 20
Shakespeare's "Romeo and Juliet" is transported to modern-day New York City, as two young idealistic lovers find themselves caught between warring street gangs. Their struggle to survive in a world filled with hate, violence and prejudice is one of this country's most innovative, heart-wrenching and relevant musical dramas of our time.

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THEATER



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DEC 1 - JAN 8 UNITED PARISH | BROOKLINE
Presented by Actors' Shakespeare Project
Written by William Shakespeare
Directed by Allyn Burrows

Banishment proves to be a catalyst for opening a window on magic, wonder, and an island that serves as a stage for a tangled journey toward forgiveness.
"We are such stuff as dreams are made on"
Post-show conversations after Sunday matinees, free for ticket holders!
ACTORSSHAKESPEAREPROJECT.ORG



NOV 30 THROUGH DEC 4 WORCESTER, MA
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The Hanover Theatre for the Performing Arts
2 Southbridge St., Worcester, MA.
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FINAL WEEKEND - MUST CLOSE SUNDAY!
Don't miss Mike Lew's hilarious and sharp new comedy about race, parenting, and success. "A COMEDIC EXPLOSION of Asian American stereotypes." - WBUR
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"COMIC SPARKS! Witty! A sharply observed comedy." - The Boston Globe
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617 266 0800 huntingtontheatre.org

THEATER



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SUNDAY, NOV. 20 AT 2PM 781-891-5600
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World premiere written & performed by Melinda Lopez that is "piercingly honest" & "exquisitely moving". Funny & ultimately cathartic, Mala puts a sharp focus on what it means to put our loved ones first, right to the very end.
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FINAL TWO WEEKS! MUST CLOSE NOV. 26!
"Brilliant" - WBUR / "Superb" - WGBH
From John Kander and Fred Ebb, creators of "Cabaret" and "Chicago," comes this exhilarating musical about one of most important events in American Civil Rights history. Tix from \$25.
www.SpeakEasyStage.com / 617-933-8600



ICONIC CLASSIC DRAMA - STARTS JANUARY 6
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A Huntington Theatre Company production
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THEATER



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Director Maria Aitken (The 39 Steps) returns for this comedy of marital misunderstandings.
A Huntington Theatre Company production
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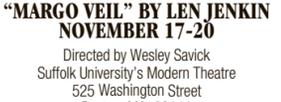
BENEDICT CUMBERBATCH STARS IN HAMLET
In a tale of revenge and morality, Academy Award® nominee Cumberbatch takes on the title role of Shakespeare's great tragedy in this National Live Theatre broadcast of Hamlet. Nov 18-20. 617.824.8400 artsemerson.org



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TV CRITIC'S CORNER

BY MATTHEW GILBERT



BEN MARK HOLZBERG/ABC

DESIGNATED SURVIVOR 10 p.m., ABC

NAY: On the one hand, "Designated Survivor" is awful.

The pilot episode was arresting and provocative, what with the State of the Union bombing that took out the American government and all. It was a killer series opening. But since then, the show has become addicted to shootings and crises and lockdown-worthy events. It's getting cartoonish.

Sure, there are enough White House walk-and-talk scenes, overdone moments of presidential nobility, and oddly awkward romantic flourishes (Kal Penn and that journalist) to evoke "The West Wing." The show makes gestures toward classiness and intelligent dialogue. And there are hints of "Homeland" afoot, as well, particularly when it comes to the business about the captured Majid Nassar, who claimed responsibility for the bombing.

But let's face it, "Designated Survivor" is acting more and more like late-era "24" with each episode, as real-time-ish events rock the White House, interrogations get ugly, and Kiefer Sutherland becomes increasingly superheroic (ditching the glasses for contacts helped). Enough with the security breaches.

I keep waiting for President Kirkman's body to fracture so that Jack Bauer can emerge and team up with Maggie Q for some enhanced interrogation and such.

YAY: On the other hand, "Designated Survivor" is fascinating in its timeliness, and in the way it shows a federal government being built from scratch.

Portions of the show — mostly the non-action material — often seem to have been written in direct response to the news. In last week's episode, the Florida governor would not allow Syrian refugees to deplane in his state and the president was cornered by the country's governors into a temporary ban on immigration. That plane was rerouted to (that increasingly popular place known as) Canada, leaving Kirkman's wife unhappy. The writers toyed with the currently very relevant interconnections between fear and xenophobia.

They also tried to show how an existing government might react to an unknown quantity suddenly becoming the American president. Turns out there are a lot of people, not least of all the governors, who doubt Kirkman's ability to serve and his legitimacy as president overall.

Sound familiar? On the show, the governors are conservative, and the president appears to be more liberal; but still, the scenario is compellingly pertinent. It rhymes with now.

ASK AMY

Family disagreement over visits

Q. My brother and his family (wife and two young kids) moved about three hours away. Any visit by my retired parents usually requires an overnight stay, since they are not comfortable driving long distances at night.

Staying over at his house means either sleeping on the couch or sleeping in the same room as the two young children. My parents then complain to me about the lack of sleep they get and how exhausted they are from sleep deprivation after a visit.

Lately they have been renting a hotel room when they visit, just so they can sleep in a bed. This is a burden to a couple on a fixed income. My brother and his wife also like to take some "me time" and use the grandparents as free daycare for hours (or overnight).

The situation has resulted in fewer visits to my brother's house. He complains to me that our parents, who "do nothing all day" should visit more frequently.

A road trip with two kids under 8 is challenging due to school and weekend "commitments," and so they don't reciprocate trips very often.

My parents are adults and can make their own decisions. However, I am annoyed with my brother. He is insensitive to the time, money, and effort it costs to visit him. I feel that not every "championship" soccer game involving a 7-year-old is worth a six-hour round trip.

Should I continue to let him bash my parents behind their back, or tell my parents about his comments?

HAD IT SIBLING

A. It seems that your parents and your brother are using you as a go-between. If you don't want this role, then tell both parties to work this out themselves. And yes — if your brother is bashing your parents, then tell him to stop it.

If he asks you for guidance, then explain it to him: "The trip is expensive and tiring for them. They're not as young as they used to be. You really need to be more grateful for their presence."

Some grandparents interpret what you call "free daycare" as "spending time with the grandkids." If your parents are not willing or able to take full charge of the children (it's a big job, for sure), then they will have to tell your brother. "We love to visit and see the kids, but we want to spend time with you, too."

Q. Recently you gave supportive advice to "Feeling Alone," whose family has abandoned her.

She expressed concern that her children would miss out on knowing their grandparents. Perhaps she could contact a local senior center or her kids' school about a foster grandparent opportunity. Having another generation involved in her family's life can be valuable and helpful to her and her children.

CONCERNED READER

A. Great recommendation. Thank you.

Amy Dickinson can be reached at askamy@tribpub.com.

BIRD SIGHTINGS

Recent bird sightings on Cape Cod (as of Nov. 8) as reported to the Massachusetts Audubon Society.

A golden eagle was seen at various locations in Eastham, including the old driving range and Fort Hill.

Two sedge wrens continued at Fort Hill in Eastham, where the yellow rail was reported by multiple observers.

The gray kingbird in Hyannis was again reported.

High counts from Race Point in Provincetown included 7,000 Cory's shearwaters, 4,900 great shearwaters, 38 sooty shearwaters, 88 Manx shearwaters, 9,800 Northern gannets, 3 pomarine jaegers, 26 parasitic jaegers, 1 long-tailed jaeger, a thick-billed murre,

110 razorbills, 450 laughing gulls, 3 Iceland gulls, and a Northern shrike.

Other sightings around the Cape included single red crossbills in Falmouth and Provincetown, blue-headed vireos in Falmouth and Marstons Mills, 3 vesper sparrows at Cape Cod Organic Farm in Barnstable, a Western willet and an evening grosbeak in Chatham, a barn owl, a dickcissel, and a pine grosbeak at Pochet Island in Orleans, and a little gull and a black-headed gull at Head of the Meadow in Truro.

For more information about bird sightings or to report sightings, call the Massachusetts Audubon Society at 781-259-8805 or go to www.massaudubon.org.

Wednesday November 16, 2016

Movies Sports

News Specials

Powered by TV

Table with 12 columns (7:00pm to 11:30pm) and 12 rows of TV listings for various channels like WGBH, WBZ, WCVB, etc.

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Table with 12 columns (7:00pm to 11:30pm) and 12 rows of TV listings for Basic Cable channels like A&E, AMC, Animal Planet, etc.

Content Ratings: TV-Y Appropriate for all children; TV-7 For children age 7 and older; TV-G General audience; TV-PG Parental guidance suggested; TV-14 May be unsuitable for children under 14; TV-MA Mature audience only. Additional symbols: D Suggestive dialogue; FV Fantasy violence; L Strong language; S Sexual activity; V Violence; HD High-Definition; (CC) Close-Captioned